

Healthy People 2010: National and State Efforts

Presentation to the
Healthy Delaware 2010
Steering Committee

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Overview of Presentation

- National Healthy People Efforts
- State Healthy People Activities

History of National Efforts

- 1979 *Surgeon General's Report, Healthy People*
- 1980 *Promoting Health/Preventing Disease*
- 1987 Healthy People 2000 Consortium formed
- 1990 *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*
- 1995 *Healthy People 2000 Midcourse Review and Revisions*
- 1997 Developing Objectives for Year 2010
- 1998 Draft Healthy People 2010 Objectives

Expanding Areas of Focus

- 1990
 - 15 priority areas
 - 226 objectives
- 2000
 - 22 priority areas
 - 300 objectives
- 2010
 - 28 priority areas
 - 531 objectives

Population Focus

- 1990 - No population breakouts
- 2000 - Special populations based on disparities
- 2010 - Standardized population template with gender, race, ethnicity, and SES

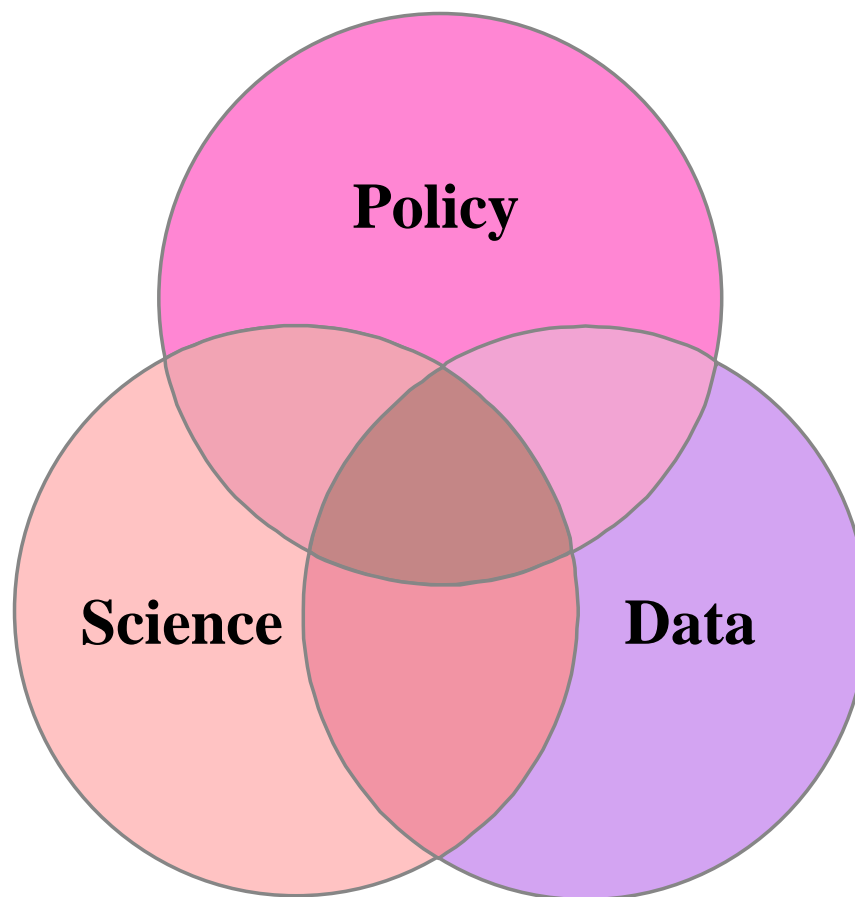
One Target for All Population Groups

- Better than the Best
 - Race and health initiative
 - Behaviors
 - Services
 - Outcomes (with a few exceptions)

Goals of Healthy People 2010

- Increase quality and years of healthy life
- Eliminate health disparities

Building the Framework for Healthy People 2010



Leading Health Indicators

A small set of health measures that reflect progress towards the Healthy People 2010 goals

- Selected for:
 - driving action
 - tracking progress
 - engaging stakeholders

Healthy People 2000 - Progress in Health

- 15% targets achieved or exceeded
- 44% moving in right direction
- 15% cannot be assessed
- 18% moving in wrong direction
- 8% mixed or no change

Progress in Health (cont'd)

- Targets achieved
 - child mortality (infant mortality close)
 - adolescent mortality
 - overall cancer mortality
 - cholesterol levels
 - maternal and infant health
- Moving in wrong direction
 - overweight, physical activity
 - diabetes

Significance of HP2000 - States

- State health planning - 37 state plans
- Benchmarking
- Monitoring
- Data systems
- Community involvement
- Funding

State HP2010 Efforts

- Striving for 100% participation
- Local objective setting encouraged
- Other states have already begun

Maryland

North Carolina

Louisiana

Kentucky

New Jersey

Iowa

Illinois

West Virginia

Moving Forward - Healthy People 2010

- Bring in more communities
- Reach out to business community
- Establish local objectives
- Include mental health, substance abuse, environmental health, others
- Use existing data better
- Establish PROCESS for improving community health

Dr. David Satcher - Surgeon General

- *“Taking the national Healthy People framework and customizing it for local needs is one of the hallmarks of this initiative.”* -- June 24, 1998

Yogi Berra - New York Yankees

"90% of this game is half mental"