



# Selected Resources for Region III on Obesity & Lead Poisoning

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## Healthy People 2010 Resources

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### **Healthy People 2010 Information Access Project – Environmental Health**

Partners in Information Access for Public Health Professionals

<http://phpartners.org/hp/eh.html>

Makes it easy to search PubMed for scientific journal articles related to achieving selected Healthy People 2010 objectives. A single click retrieves articles geared to objective 8-11 (lead poisoning) or 8-22 (lead paint). Also includes links to the Guide to Clinical Preventive Services, 2<sup>nd</sup> Edition topic, "Elevated Lead Levels," and relevant sections of the "Healthy People 2010 & Environmental Health" web site.

### **American Obesity Association – Healthy Weight 2010**

[www.obesity.org/](http://www.obesity.org/)

Offers the supplement, *Healthy Weight 2010*, with related 2010 objectives and a review of Healthy People 2000 progress. Provides free media campaign resources and obesity-related publications for health care professionals, such as exercise and nutrition counseling guidelines for physicians and nurses. This site also provides wellness coverage checklists, plus obesity-related policy guidelines and fact sheets.

### **healthfinder® - Healthy People 2010 Topics**

[www.health.gov/healthypeople/healthfinder/](http://www.health.gov/healthypeople/healthfinder/)

A Healthy People 2010 interface for the U.S. government gateway to reliable consumer health information and other resources. Searchable Healthfinder® topics are organized by Healthy People 2010 focus area (See "8 – Environmental Health" and "19 – Nutrition and Overweight"). Find links, descriptions, and contact information for government agencies, national clearinghouses, non-profit organizations, universities, and others that provide relevant resources.

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## Obesity and Lead Poisoning Resources

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### **Centers for Disease Control and Prevention—Obesity/Overweight Health Topic**

[www.cdc.gov/nccdphp/dnpa/obesity/index.htm](http://www.cdc.gov/nccdphp/dnpa/obesity/index.htm)

Provides information on Body Mass Index (BMI), obesity trends, contributing factors, health consequences, guidelines related to obesity and recommended strategies to prevent chronic diseases and obesity, State-based programs, frequently asked questions, and additional resources.

### **Resources for Steps to Healthier US**

[www.thecommunityguide.org/partners/steps.htm](http://www.thecommunityguide.org/partners/steps.htm)

Steps to a HealthierUS combines the strengths and resources of all relevant HHS agencies and programs. The Community Guide to Preventive Services facilitates Steps to a HealthierUS and provides evidence-based findings about population-based interventions to promote health and to prevent disease, injury, disability, and premature death. See Physical Activity topic.

### **Health Policy Coach**

[www.healthpolicycoach.org](http://www.healthpolicycoach.org)

Provides profiles of effective policies to prevent obesity. Click "Healthcare" then "Healthy Lifestyles," then "Diet & Exercise." The majority of the information is geared to California, however, the policy recommendations may be found useful to any state.

### **Lead Poisoning Prevention Outreach Program**

[www.nsc.org/ehc/lead.htm](http://www.nsc.org/ehc/lead.htm)

This National Safety Council program targets minority and underserved populations and offers outreach meetings and training sessions providing community-based organizations the tools and skills needed to plan and execute successful lead poisoning prevention programs in their communities.

### **MEDLINEplus, National Library of Medicine**

[www.nlm.nih.gov/medlineplus/](http://www.nlm.nih.gov/medlineplus/)

Allows users to search by keyword (e.g., obesity) for information on health topics, including related organizations and publications. MEDLINEplus is the NLM's consumer health information service.

### **National Center for Environmental Health (CDC)**

[www.cdc.gov/nceh/lead/lead.htm](http://www.cdc.gov/nceh/lead/lead.htm)

Provides information about CDC's Childhood Lead Poisoning Prevention Program along with links to CDC publications, resources and data and statistics. This site also provides a software application (free of charge) to State and local Childhood Lead Poisoning Prevention Programs (CLPPPs) useful for tracking medical and environmental activities in lead poisoning cases.

### **National Guideline Clearinghouse**

[www.guideline.gov](http://www.guideline.gov)

Allows users to search by keyword (e.g., obesity, lead poisoning) to find evidence-based clinical practice guidelines and related documents (such as association position statements) that may be useful tools in engaging health care partners and promoting effective clinical practices to achieve 2010 objectives.

### **National Lead Information Center (EPA)**

[www.epa.gov/lead/nlic.htm](http://www.epa.gov/lead/nlic.htm)

Provides the general public and professionals with information about lead hazards and their prevention. To receive a general information packet, to order other documents, or for detailed information or questions call 1-800-424-LEAD (5323).

### **The President's Challenge**

[www.presidentschallenge.org](http://www.presidentschallenge.org)

Motivational program designed to help persons in four major age groups become active and fit. Includes over 100 physical activities and private tracking logs.

### **The Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity**

[www.surgeongeneral.gov/topics/obesity](http://www.surgeongeneral.gov/topics/obesity)

Outlines strategies that communities can use to address obesity. Use this site to access the full report, convenient fact sheets, and links to supportive resources.

### **United States National Institute of Diabetes & Digestive & Kidney Diseases (NIDDK) of the National Institutes of Health**

[www.niddk.nih.gov/](http://www.niddk.nih.gov/)

Provides users a link to information on weight loss and control specific topics, research, statistics and order forms. Additionally, information on NIH research funding opportunities, clinical trials, NIDDK laboratories and reports to Congress are linked on the site. A search with the key word "evidence," is a quick way to find publications and statements from HRSA, CDC and NIH about evidence-based strategies.

### **WISEWOMAN**

[www.cdc.gov/wisewoman/](http://www.cdc.gov/wisewoman/)

Well-Integrated Screening and Evaluation for Women Across the Nation. Consists of 12 CDC-funded demonstration projects in states, territories, and tribes. Through these 12 projects, WISEWOMAN provides screening and lifestyle intervention for many low-income and uninsured women.

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## **Sample Presentations**

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### **Obesity (PowerPoint Presentations)**

[www.epi.umn.edu/mch/HealthyGenerations/Hgres2.html](http://www.epi.umn.edu/mch/HealthyGenerations/Hgres2.html)

Numerous resources, including the following PowerPoint presentations:

- Epidemiology of Obesity  
Author: Nancy E. Sheerwood, PhD
- Risk Factors for Childhood and Adolescent Obesity  
Author: Dianne Neumark-Sztainer, PhD, MPH
- Programs and Policies to Prevent Child and Adolescent Obesity  
Authors: Mary Story, PhD, RD and Marsha Davis, PhD

### **Preventing Lead Poisoning In Virginia: A training module for primary health care providers (PowerPoint Presentation)**

<http://views.vcu.edu/valeaded/hcp.html>

Source: Virginia Commonwealth University. Downloadable presentation with information on epidemiology, high-risk areas, sources, and prevention. Other resources are also available for health care providers and parents.

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## **Regional Information**

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### **Regional 2010 Events and Priorities**

[www.phf.org/HPTools/regions.htm](http://www.phf.org/HPTools/regions.htm)

Locate information about HHS regional contacts, Healthy People 2010 priorities, and events. Follow the link to the "Healthy People Assistance Page" for links to state Healthy People 2010 web sites and the State Healthy People 2010 Tool Library.