AIM STATEMENT

**Improve the perinatal health system with a focus on Neonatal Abstinence Syndrome (NAS) in East Tennessee**

**Goals**
- Maximize preconception health
- Improve early entry into prenatal care
- Improve the early identification of those at risk for NAS
- Decrease NAS births
- Decrease the prevalence of unintended pregnancy

**PRIMARY DRIVERS**

- **Utilization of Care**
- **Integration of Services**
- **Healthy Behaviors and Supporting Environments**

**SECONDARY DRIVERS**

- Improve access to and quality of prenatal care and comprehensive care services for pregnant women
- Improve availability of preconception health
- Improve access to mental health and gender-specific substance abuse services
- Improve linkages and reduce barriers between providers of mental health and substance abuse services
- Identify and reduce barriers to obtaining services and coordination of services

- Improve communications, understanding, and awareness of NAS between health care, law enforcement, the judicial system, and school systems
- Increase the number and reach of coordinators of care
- Improved understanding of primary, secondary, and tertiary prevention
- Enhance the integration of medical care, addiction services, and behavioral health
- Increase knowledge of addiction (in general) and NAS (in particular) across health disciplines, policymakers, and the general public
- Identify and remove barriers that prohibit or limit integration of services

- Reduce stigma to accessing mental health and substance abuse services
- Increase awareness of NAS and accountability among healthcare providers (including MAT, prenatal, and recovery)
- Reduce adverse childhood experiences (ACEs)
- Decrease the isolation of communities – transportation/lack of local services, etc.
- Provide education on healthy relationships
- Provide comprehensive preconception education in the K-12 system